

PK LB W-Vlaanderen: Session: 2: COACH evaluation sheet for TEAM: DMI

Coachinfo: Warming up from: 13:00 until 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Moerman Pieter

Coaches: Van der Elst Astrid HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 10: 200M BUTTERFLY WOMEN 13+ Heat:1, starttime: 14:00

Heat: 1/1 Lane : 3 Athlete: DEBECKER CHARLOTTE Q-time: 02:29:46

PB (50m pool): 02:37.74 Antwerpen 28/07/2024 PB (25m pool): 02:29.21 SB: no time

	50 M	100 M	150 M	200 M	
PB	no time	no time	no time	02:37.74	
	<i>no time</i>				
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+ Heat:2, starttime: 14:15

Heat: 2/13 Lane : 1 Athlete: DE COOMAN NORA Q-time: 01:30:38

PB (50m pool): no time PB (25m pool): 01:30.38 SB: no time

	50 M	100 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+ Heat:2, starttime: 14:15

Heat: 2/13 Lane : 2 Athlete: TERWE FENNA Q-time: 01:29:30

PB (50m pool): no time PB (25m pool): 01:29.30 SB: no time

	50 M	100 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

PK LB W-Vlaanderen: Session: 2: COACH evaluation sheet for TEAM: DMI

Event number: 12: 100M FREESTYLE WOMEN 11+		Heat:3, starttime: 14:17	
Heat: 3/13 Lane : 0 Athlete: SCHEIRLINCKX ELÉONORE		Q-time: 01:25:09	
PB (50m pool): no time		PB (25m pool): 01:25.09 SB: no time	
	5 0 M	1 0 0 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+		Heat:4, starttime: 14:20	
Heat: 4/13 Lane : 8 Athlete: BAECKELANDT JINTHE		Q-time: 01:20:71	
PB (50m pool): no time		PB (25m pool): 01:20.71 SB: no time	
	5 0 M	1 0 0 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+		Heat:5, starttime: 14:22	
Heat: 5/13 Lane : 1 Athlete: VANDROOGENBROECK CHEYENNE		Q-time: 01:18:46	
PB (50m pool): 01:26.34 Antwerpen 14/07/2024		PB (25m pool): 01:18.46 SB: no time	
	5 0 M	1 0 0 M	
PB	no time	01:26.34	
	<i>no time</i>		
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+		Heat:5, starttime: 14:22	
Heat: 5/13 Lane : 2 Athlete: HOSTE SKYE		Q-time: 01:18:28	
PB (50m pool): no time		PB (25m pool): 01:18.28 SB: no time	
	5 0 M	1 0 0 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

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Event number: 12: 100M FREESTYLE WOMEN 11+		Heat:5, starttime: 14:22	
Heat: 5/13 Lane : 9 Athlete: VAN COLEN MAëLYNE		Q-time: 01:18:93	
PB (50m pool): 01:24.60 Antwerpen 13/07/2025		PB (25m pool): 01:18.93 SB: no time	
	50 M	100 M	
PB	00:39.33	01:24.60	
	00:39.33	00:45.27	
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+		Heat:10, starttime: 14:31	
Heat: 10/13 Lane : 4 Athlete: VANLANCKER YNTHE		Q-time: 01:05:10	
PB (50m pool): 01:08.24 Antwerpen 13/07/2025		PB (25m pool): 01:05.10 SB: no time	
	50 M	100 M	
PB	00:33.25	01:08.24	
	00:33.25	00:34.99	
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+		Heat:13, starttime: 14:36	
Heat: 13/13 Lane : 5 Athlete: DHAESELEER FRAN		Q-time: 00:58:10	
PB (50m pool): 00:58.20 Antwerpen 27/07/2025		PB (25m pool): 00:57.84 SB: no time	
	50 M	100 M	
PB	00:28.25	00:58.20	
	00:28.25	00:29.95	
	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+		Heat:1, starttime: 14:38	
Heat: 1/11 Lane : 0 Athlete: VLAMYNCK RIEN		Q-time: 01:24:62	
PB (50m pool): 01:24.62 Antwerpen 13/07/2025		PB (25m pool): 01:26.12 SB: no time	
	50 M	100 M	
PB	00:40.23	01:24.62	
	00:40.23	00:44.39	
	

Coach feedback:

PK LB W-Vlaanderen: Session: 2: COACH evaluation sheet for TEAM: DMI

Event number: 13: 100M FREESTYLE MEN 13+		Heat:1, starttime: 14:38	
Heat: 1/11 Lane : 8 Athlete: DECLERCQ IAN		Q-time: 01:24:53	
PB (50m pool): 01:24.53 Antwerpen 13/07/2025		PB (25m pool): 01:25.44 SB: no time	
	5 0 M	1 0 0 M	
PB	00:40.20	01:24.53	
	00:40.20	00:44.33	
	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+		Heat:2, starttime: 14:40	
Heat: 2/11 Lane : 7 Athlete: VANKEMMELBEKE HECTOR		Q-time: 01:11:94	
PB (50m pool): 01:19.26 Antwerpen 13/07/2025		PB (25m pool): 01:11.94 SB: no time	
	5 0 M	1 0 0 M	
PB	00:36.96	01:19.26	
	00:36.96	00:42.30	
	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+		Heat:4, starttime: 14:44	
Heat: 4/11 Lane : 4 Athlete: PORTIER SANTIAGO		Q-time: 01:05:32	
PB (50m pool): 01:06.17 Kortrijk 04/05/2025		PB (25m pool): 01:05.32 SB: no time	
	5 0 M	1 0 0 M	
PB	00:30.96	01:06.17	
	00:30.96	00:35.21	
	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+		Heat:4, starttime: 14:44	
Heat: 4/11 Lane : 7 Athlete: SYRYN JASPER		Q-time: 01:06:25	
PB (50m pool): 01:09.05 Antwerpen 13/07/2025		PB (25m pool): 01:06.25 SB: no time	
	5 0 M	1 0 0 M	
PB	00:33.38	01:09.05	
	00:33.38	00:35.67	
	

Coach feedback:

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Event number: 13: 100M FREESTYLE MEN 13+		Heat:5, starttime: 14:46	
Heat: 5/11 Lane : 9 Athlete: VANHOORNE ARNO		Q-time: 01:04:93	
PB (50m pool): 01:08.21 Kortrijk 04/05/2025		PB (25m pool): 01:04.93 SB: no time	
	50 M	100 M	
PB	00:33.08	01:08.21	
	00:33.08	00:35.13	
	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+		Heat:9, starttime: 14:53	
Heat: 9/11 Lane : 6 Athlete: DEBECKER MATHEO		Q-time: 00:57:73	
PB (50m pool): 00:59.20 Antwerpen 20/07/2025		PB (25m pool): 00:57.73 SB: no time	
	50 M	100 M	
PB	00:29.32	00:59.20	
	00:29.32	00:29.88	
	

Coach feedback:

Event number: 14: 50M BREASTSTROKE WOMEN 13+		Heat:3, starttime: 15:01	
Heat: 3/3 Lane : 2 Athlete: VANLANCKER YNTHE		Q-time: 00:37:10	
PB (50m pool): 00:39.00 Kortrijk 04/05/2025		PB (25m pool): 00:37.10 SB: no time	
	50 M		
PB	00:39.00		
	00:39.00		
		

Coach feedback:

Event number: 16: 100M BACKSTROKE WOMEN 11-12		Heat:1, starttime: 15:08	
Heat: 1/5 Lane : 5 Athlete: TERWE FENNA		Q-time: 99:99:99	
PB (50m pool): no time		PB (25m pool): no time SB: no time	
	50 M	100 M	
PB	no time	no time	
	no time		
	

Coach feedback:

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Event number: 18: 200M MEDLEY WOMEN 13+				Heat:1, starttime: 15:36	
Heat: 1/6 Lane : 0 Athlete: SCHEIRLINCKX ELÉONORE				Q-time: 03:33:48	
PB (50m pool): 03:33.48 Kortrijk 04/05/2025			PB (25m pool): no time SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:47.42	02:44.98	03:33.48	
	<i>no time</i>		<i>00:57.56</i>	<i>00:48.50</i>	
	

Coach feedback:

Event number: 18: 200M MEDLEY WOMEN 13+				Heat:1, starttime: 15:36	
Heat: 1/6 Lane : 1 Athlete: HOSTE SKYE				Q-time: 03:24:13	
PB (50m pool): no time			PB (25m pool): 03:24.13 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	<i>no time</i>				
	

Coach feedback:

Event number: 18: 200M MEDLEY WOMEN 13+				Heat:1, starttime: 15:36	
Heat: 1/6 Lane : 2 Athlete: VANDROOGENBROECK CHEYENNE				Q-time: 03:16:76	
PB (50m pool): 03:23.75 Antwerpen 13/07/2025			PB (25m pool): 03:16.76 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:47.43	01:41.20	02:38.06	03:23.75	
	<i>00:47.43</i>	<i>00:53.77</i>	<i>00:56.86</i>	<i>00:45.69</i>	
	

Coach feedback:

Event number: 18: 200M MEDLEY WOMEN 13+				Heat:1, starttime: 15:36	
Heat: 1/6 Lane : 6 Athlete: VAN COLEN MAËLYNE				Q-time: 03:15:83	
PB (50m pool): no time			PB (25m pool): 03:15.83 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	<i>no time</i>				
	

Coach feedback:

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Event number: 18: 200M MEDLEY WOMEN 13+					Heat:1, starttime: 15:36
Heat: 1/6 Lane : 8 Athlete: BAECKELANDT JINTHE					Q-time: 03:31:70
PB (50m pool): no time			PB (25m pool): 03:31.70 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	<i>no time</i>				
	

Coach feedback:

Event number: 18: 200M MEDLEY WOMEN 13+					Heat:1, starttime: 15:36
Heat: 1/6 Lane : 9 Athlete: DE COOMAN NORA					Q-time: 03:41:11
PB (50m pool): no time			PB (25m pool): 03:41.11 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	<i>no time</i>				
	

Coach feedback:

Event number: 18: 200M MEDLEY WOMEN 13+					Heat:6, starttime: 15:55
Heat: 6/6 Lane : 4 Athlete: DEBECKER CHARLOTTE					Q-time: 02:19:31
PB (50m pool): 02:24.30 Antwerpen 27/07/2025			PB (25m pool): 02:19.31 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.21	01:08.41	01:51.21	02:24.30	
	<i>00:32.21</i>	<i>00:36.20</i>	<i>00:42.80</i>	<i>00:33.09</i>	
	

Coach feedback:

Event number: 18: 200M MEDLEY WOMEN 13+					Heat:6, starttime: 15:55
Heat: 6/6 Lane : 5 Athlete: DHAESELEER FRAN					Q-time: 02:24:44
PB (50m pool): 02:31.58 Zwembad Brigitte Becue Oostend 10/07/25			PB (25m pool): 02:24.44 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:31.58	
	<i>no time</i>				
	

Coach feedback:

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Event number: 19: 4x100M FREESTYLE MEN 11+						Heat:1, starttime: 16:19		
Heat: 1/2 Lane : 4 Athlete: TEAM DMI 1						Q-time: 04:22:63		
PB (50m pool):		PB (25m pool):			SB:			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								

Coach feedback: